If you know someone who may benefit from this program or if you are currently an “Ambassador for GriefShare”, thank you and please share this information with friends who may be grieving or who may know someone who is grieving. Anyone who has lost a loved one, whether recently or years ago, is welcome to join us.

What to expect: Nothing to fear and there is no cost. There will be a sign in and you will receive a participant's book. There will be a video, discussion and light refreshments.

Note: While GriefShare encourages a sharing of thoughts and feelings, no one should feel pressured to do so if they are not feeling able.

Meeting Time and Place:

Saturdays: 2:00-4:00pm
Hilton Baptist Church, 50 Lake Avenue, Hilton

Be aware that we occasionally run into a conflict at our designated location (Hilton Baptist Church, 50 Lake Avenue, Hilton) so, if you are planning on attending, it is important for us to have contact information so that we can notify you of any changes to our meeting place/time. If you would like to attend, please sign up on-line at www.griefshare.org or call the Church Office at 392-7990.

The 13-week GriefShare program includes 13 stand-alone videos. Each video covers a different topic – however, they are all beneficial so we encourage the attendees to make an effort to attend as many as possible. Note: No matter which one you attend, the hardest one will be the first one – and finding the courage to walk through the door. We understand. You may bring (or be someone’s) support.

11/7/2026	**Surviving the Holidays**	
11/14/2026	GS #7	Regrets
11/21/2026	GS #8	Grief & Your Household
11/28/2026	GS #9	Grief & Your Friendships
12/5/2026	GS #10	Questions for God
12/12/2026	GS #11	Stuck in Grief
12/19/2026	GS #12	Hope & Resilience
12/26/2026	GS #13	What Do I Live For Now?

Note: Questions can be sent to GriefShareHiltonBaptistChurch@gmail.com or geregaji@gmail.com